



SWEET SPOT MAPPING TOOL

I EXCEL AT

- ✓ Guiding conversation
- ✓ Helping others design a plan for change
- ✓ Researching and synthesizing the information
- ✓ Utilizing interpersonal communication
- ✓ Seeing the big picture while holding the polarities
- ✓ Being forthcoming and working from a place of integrity
- ✓ Creating community and being in community

PRAISED FOR

- ✓ Holding space
- ✓ Being relationally
- ✓ Being a thought partner
- ✓ Collaborating well
- ✓ Staying organized
- ✓ Engaging my logical mind

Here is what others have said about me:

“Through her culturally competent expertise, Novelette’s consulting/coaching practice addresses and advances the imperative of wellness diversity, equity, and inclusion.”

“A communication and thought partner, she demonstrates genuine commitment in supporting organizational change.”

“As a coach Novelette cares for and treats the whole person.”

LOVE DOING

- ✓ Partnering with others
- ✓ Holding space for my clients to realize their goals
- ✓ Exchanging ideas with others to see how to shift a paradigm
- ✓ Cultivating an ecosystem of inclusive well-being through social justice work
- ✓ Reading and learning
- ✓ Sitting under a tree and cloud glazing
- ✓ Talking about what makes my heart sing
- ✓ Moving gently for both the physical and emotional well-being benefits
- ✓ Creating — be it in words, action, or physical materials

OPEN TO TESTING

- ✓ Discussing how we might collaborate in utilizing my strengths and hidden talents
- ✓ Stretching my comfort around curating mutually beneficial partnerships that move the social justice needle
- ✓ Considering what it means to be a good ancestor and living my truth