



THE ACT OF PLAY ITSELF IS...

- ✓ how we connect.
- ✓ something done for its own sake.
- ✓ a voluntary activity.
- ✓ a primal form of learning by doing.
- ✓ a complex, co-creative process.
- ✓ an effective use of time when you often learn the most.
- ✓ a pleasurable sense of engagement that takes you away from the present moment.
- ✓ more important than the outcome.